



MEMBERSHIPS & RATES

NEW MEMBER INTRO RATE **\$30**

Unlimited classes for 3 weeks - new members only

DROP-IN **\$12/\$15**

Single class drop-in rate. Students/seniors (65+) \$12; adults \$15.
SilverSneakers \$5.

STUDENT SPECIAL **\$50/MO**

Unlimited classes; minimum 2/mos. required

ANY CLASS, ANY TIME **\$85/MO**

Unlimited classes. Rate deducted monthly; minimum 3/mos. required. Allows for quarterly suspension for vacation/illness. Includes 10% off workshops and YAH retail. Free guest pass for first time guests (virtual only).

10 CLASS PASS **\$115**

Pass good for any regularly scheduled classes; expires after one year.

ZENBERSHIP **\$120/MO**

Any 2 classes/week plus 1 monthly Swedish 60 min. massage with Danielle Elbeze at Polished. Rate deducted monthly; minimum 3/mos. required. Allows for quarterly suspension for vacation/illness. Includes 10% off workshops and YAH retail. Free guest pass for first time guests (virtual only).

**Upon request, seniors (65+) will receive a 10% discount when purchasing a session or monthly package.*

97 MAIN ST WESTMINSTER MA | 978.467.6173
WWW.YOUNG-ATHEART.COM

